
DELVENA R. THOMAS

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Current Service

CLINICAL ASSISTANT PROFESSOR, VOLUNTARY FACULTY

Florida International University's Herbert Wertheim College of Medicine
2013-Present

CONSULTING PSYCHIATRIST

Cleveland Clinic Florida
2014-Present

CONSULTING PSYCHIATRIST

National Football League
2015-Present

LIEUTENANT COLONEL

U.S. Army Reserves, 807th Medical Command
2003-Present

Responsible for psychiatric evaluation of active-duty service members; treatment inclusive of medication management; treatment venues inclusive of outpatient settings and/or inpatient settings. Provide psychopharmacology and psychotherapy to soldiers and their families. Examine, evaluate, diagnose and treats psychiatric disorders. Prepare and review case histories and obtain/evaluate data through interview techniques. Diagnose psychiatric disorders. Prescribe and evaluate effectiveness of a wide range of therapeutic measures. Recommend disposition of psychiatric cases.

Operation Iraqi Freedom (Baghdad, Iraq Dec 2007-Apr 2008), **Operation Enduring Freedom** (Afghanistan Aug 2010 – Nov 2010), & **Operation Enduring Freedom** (Kuwait Aug 2014-Jan 2015): provided emergent assessments for combat stress clinics and inpatient treatment, including comprehensive psychiatric assessments, medication management, coordinated care with soldiers' leadership in Iraq, Afghanistan, Kuwait with goal of achieving higher functioning; acted as medical and psychiatric consultant to clinical psychologists and clinical social workers, assigned psychiatric nurses and technicians to functions contributing to the diagnosis and treatment of patients.

STAFF PSYCHIATRIST

Citrus Health Network
2012-Present

Independently manage this 28-bed short-term residential facility. Patient population includes forensic cases requiring step-down before release from jail, addictions.

STAFF PSYCHIATRIST

Guidance Care Center/Westcare
2012-Present

Provide weekend coverage for crisis stabilization unit that includes a detoxification unit. Duties include admission psychiatric assessments, including physicals, creating treatment

plans that most often includes medication management for variety of Axis I, II and III illnesses and those dually diagnosed and medication management. This facility is a Baker Act Receiving Facility.

Dr. Thomas maintains privileges at Aventura Hospital in Aventura, Fla.; Palmetto General Hospital in Hialeah, Fla.; and North Shore Medical Center in Miami.

Past Professional Experience

CLINICAL DIRECTOR, CHIEF PSYCHIATRIST

U.S. Department of Justice Bureau of Prisons

July 2007-May 2014

Performed on-site management of mental health clinics for two federal prisons in Miami, FL. and supervised a medical team that included two physician assistants, five nurses and a chief dental officer. Responsible for telemedicine services for four prison facilities. Completed evaluation of patient care rendered by all clinical staff and organization of CME training and quarterly meetings focused on quality assurance, internal procedures and other specific areas of important focus. Primarily responsible for conducting routine, emergent psychiatric assessments in several locations; developed comprehensive treatment plans for inmates that also addressed comorbidities, such as diabetes, hypertension and liver disease. Participated as an expert witness in mental health hearings.

ATTENDING PSYCHIATRIST

Bayview Mental Health

2008-2012

Independently managed this 20-bed Baker Act receiving crisis unit. Provided full comprehensive psychiatric assessment within 24 hours of patients arriving to facility, to include "biopsychosocial" formulation with appropriate treatment plan. Initiated medication management to rapidly stabilizing psychotic, manic, drug-induced ailments with recommendations for after-care that included mobile treatment, solely outpatient clinic care, state hospitalization, residential dual diagnosis programs and other programs to transition out of inpatient facility. Other duties included management of chronic care illnesses, such as diabetes, hepatitis, hypertension and thyroid diseases. Prescribed appropriate medications, including medication reconciliation.

PSYCHIATRY RESIDENT

University of Maryland Medical Systems

2003-2007

Under the supervision of attending psychiatrists, completed necessary clinical rotations in order to fulfill requirements of accredited four year psychiatry neurology residency program; completed and satisfied requirements for Step 3 of medical licensure.

Education

MORGAN STATE UNIVERSITY, BALTIMORE, MD

Master's Degree, MPH, Public Health (2007)

PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE, PHILADELPHIA, PA
Medical Degree D.O. (2003)

COLLEGE OF NOTRE DAME OF MARYLAND, BALTIMORE, MD
Bachelor of Arts (1998)

Job-Related Training

- Diplomate of the American Board of Psychiatry and Neurology; Board Certification (September 2011)
- Post Graduate Education and Training (July 2003 - June 2007), University of Maryland Medical Systems (ACGME # 400-23-21-289)
- American Heart Association's BLS (expiration January 2017)

Skills

Intermediate Spanish (spoken, written, reading)

Affiliations

- National Medical Association, Local JWBMS, Inc. Miami - Member
- Florida Psychiatric Association - Member
- American Psychiatric Association – Member
- Florida Medical Association
- National Association of Blacks in Criminal Justice, local chapter